

What's on?

Cycling Start for Parents & Toddlers.....12th July

A balanceability session, short guided ride then coffee and cakes. Trailers and child seats available. (18+ months)

Evening Trail Ride & Forest Feast BBQ.....16th July

Explore the forest trails with a guide then return to the Lodge for a BBQ. Ride suitable for all the family.

Silver Cyclists Day.....20th July

Over 55 and wanting to keep fit? This guided ride will introduce you to gentle off road cycling. Finish with coffee.

Fun Family Cycling Day31st July

With activities for everyone: guided rides, top tips, bike maintenance, mini skills loops and much more.

Teddy Bears Picnic Ride.....6th August

A guided ride to a picnic stop with lovely food and games to play! We'll pack the picnic, you bring teddy to win prizes.

Back to basics: cycling skills for beginners13th August

New skills include bike set up, riding position, safe breaking and how to tackle gears plus much more.

Family Forest Tour.....17th August

Our guide will show you great forest trails suitable for all. Enjoy learning new skills and spend quality time together.

Junior Riding Skills Courses and Events

We run courses throughout the holidays and at weekends suitable for all levels.

See www.purplemountain.co.uk for info and prices for each event.



For more information and events in The National Forest, call the Tourist Information Centre on **01530 411767**, email ashby.tic@nwleicestershire.gov.uk or visit www.nationalforest.org/visit

Hicks Lodge is a great day out for any budding cyclist. From complete beginners to the more confident. Situated in young woodlands, at the heart of The National Forest, the site has been designed with the whole family in mind.



Location and information

Regional map



Local map



Location

From the A42, take junction 12 towards Ashby-de-la-Zouch. Turn left after the golf course just before Ashby, then turn right on Willesley Woodside towards Moira. Look out for the entrance signs for Hicks Lodge. **Sat Nav:** LE65 2UP.

Public transport

Buses 9 and 9A between Burton-upon-Trent and Coalville stop on Ashby Road, just 600m from the centre. Visit traveline.org.uk for information and timetables.

Parking

Pay and display parking charges apply, see on site for details.

Opening hours

The site is open from 8am and closes at dusk year round. Please see information on site for current closing time or contact the centre.

Contact

Hicks Lodge, The National Forest Cycle Centre, Willesley Woodside, Moira, Swadlincote LE65 2UP

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If you need this publication in large print or in another language please contact the Diversity Team. **Tel:** 0131 314 6575
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THE NATIONAL FOREST



Forestry Commission woodlands have been certified in accordance with the rules of the Forest Stewardship Council.
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The National Forest
cycle centre



www.forestry.gov.uk

Great trails for all to explore

There are plenty of trails to choose from, starting from flat and easy then increasing in difficulty through to moderate singletrack. Most of the trails are in short sections so you can take your time or attempt the whole eight miles in one day!

The **Hicks Lodge Trail**, a flat and wide 2km path around the lake, is great for walkers, cyclists and even horses. The **Family Forest Trail** (2km short loop and 4.5km long loop) takes you on an exploration across the whole site, there are some hilly bits but it's still suitable for bikes, trikes, tagalongs, wheelchairs and pushchairs. The **Wood Farm Trail** (2.5km) introduces cyclists to easy singletrack and the **Shell Brook Trail** (7km) brings on more technical features on a moderate graded singletrack which is suitable only for mountain bikes.

If you're making a day of it you can stop halfway round the Family Forest Trail at the fantastic viewpoint for a picnic.

Cycling not your thing?
We've got great walks and picnic spots too!



Discover

The National Forest cycle centre



We've got the only traffic free cycling trails made just for beginners in The National Forest!

Run by the Forestry Commission in partnership with The National Forest, this former coal mining site has been totally transformed by planting a new woodland and creating exciting new trails for you to enjoy. From tearaway toddlers getting their first taste of cycling to young teens perfecting their skills or families walking the dog, we've got a great day out just waiting for you!

Purple Mountain

Our **bike shop** and **cafe** have everything you might need for your day on the trails. Bike hire is available for adults and kids, plus tagalongs, trailers and child seats. Get your own bike serviced, test ride some top of the range MTBs or take part in one of our skills courses or events!

After your ride, come and enjoy a snack and a drink at our new **cafe**. We've got hot and cold food, ice creams, homemade cakes and hot drinks. It's good honest food, locally sourced.

The cafe and shop are open from **10am-6pm Mon-Sat** and **10am-5pm on Sundays**.

Visit www.purplemountain.co.uk to find out more.



Save money and support Hicks Lodge

Just **£40**

With free parking and great discounts at Hicks Lodge and Cannock Chase, the annual Discovery Pass offers great value throughout the year. The money from the Pass, as well as the income from on site businesses and car parking, provides the majority of the funding for our work and goes into maintaining the site.

Buy online or at the visitor centre. For more info visit: www.forestry.gov.uk/pass

