National Forest Food Guide

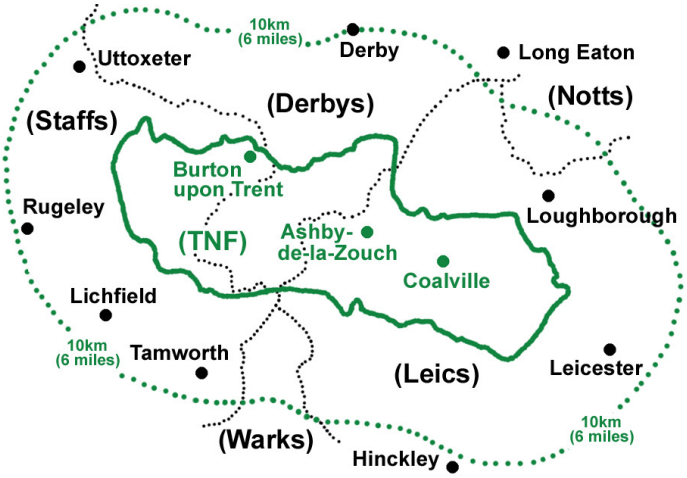
Issue No.25 from the National Forest Food Network – Summer 2010

Enjoy food fresh from the National Forest!

Inside this bulletin you will find my personal guide to the delicious local produce available in the National Forest and in nearby areas. I hope that you will browse through it, and perhaps try some out for yourself.

The Guide itself is in two parts – the first part is a listing of all of the producers and stockists of local food that I've found so far, so you can easily see what's available near to where you live or work. This is organised by towns into the following larger areas:

- The National Forest (TNF)
- Nearby In Derbyshire (Derbys)
- Nearby in Leicestershire (Leics)
- Nearby In Nottinghamshire (Notts)
- Nearby in Staffordshire (Staffs)
- Nearby in Warwickshire (Warks)
- Regional food, sold locally (Reg)



For the purposes of this Guide, "nearby" is within 10km (6 miles) of the boundary of the National Forest. The Regional section only includes more distant suppliers where similar foods are not produced locally, or if they sell direct at local markets.

The second part of the Guide is an index of all the different foods produced in the area, with details of where you can buy them. Whatever you're after, find out who sells it, look them up in Part 1, and try our National Forest food for yourself!

I'm always looking out for news of other producers or stockists, or tea-rooms, cafés, pubs, restaurants, B&Bs, guest houses or hotels who serve food made from local ingredients. Please send any information or feedback to:

food@nationalforest.org

There is no charge for plain text entries in the guide, but you must be local, and produce or use locally sourced ingredients. For additional boxed entries to your own design, please contact the author at the address above. The Guide can be downloaded free of charge from the National Forest Company website at:

www.nationalforest.org/visit/food

You are welcome to forward the National Forest Food Guide (as downloaded) to anyone interested in local food, or to print and distribute hard copies providing no charge is made for these. For any other use, please contact the author at the address above.

Whilst every attempt is made to ensure that the information in this Food Guide is accurate, please check with producers themselves, particularly for specific claims such as "organic", "vegetarian", etc., or before making a special journey.

The NFFN Food Guide is published four times each year in late March, June, September & December.

Supermarket Supplier Codes – Where local producers supply the national market through supermarkets' "own brand" products and their supplier codes are known, these are indicated in brackets after the supermarket name in the producers entry, and after the suppliers name in the supermarket entry. (Supplier codes can generally be found somewhere on the labelling)

Websites I've found useful: www.localfoodheroes.co.uk, www.country-markets.co.uk, www.localfoodadvisor.com, www.bigbarn.co.uk, www.nfuonline.com,

New or amended entries are highlighted in red for one issue only

Part 1 – By town or village

The National Forest (TNF)

Alrewas

Peter Coates Quality Meats. Butchers. Beef, lamb and pork from local farms. 12 types of home made sausage, home cured and smoked bacon, cured hams and gammon. Turkeys, cockerels, geese, poultry and eggs. Wild venison, duck, pheasant, partridge & mutton in season. Just Oil rapeseed oil. 100 Main St. 01283 790205.

Anslow

Anslow Fruit Farm. PYO soft fruit. Poplars Farm. 01283 812100.

Burnt Gate Country Pub & Restaurant. "We are a public house and restaurant that makes all it's own dishes with locally sourced food". www.burntgate.co.uk. Hopley Road. 01283 563664.

Ashby-de-la-Zouch

Farmer's Market. 3rd Sat of month, Manor House School, South St. 9.00 - 2.00. Free on-site parking for customers. Regulars : Blackbrook Traditional Meat (TNF, Grace Dieu), Bouverie Lodge (Reg), Cottage Bakery Cakes (Leics, Kegworth), Chocolate Confetti (Reg), Greenfield Lamb (Leics, Twycross) Halfpenny Green Vineyards (Reg), Leicestershire Handmade Cheese Co. (Leics, Upton), Pick's Organic Farm Shop (Leics, Barkby Thorpe), Sealwood Farm, (TNF, Linton), Woodhouse Farm (Leics, Elmsthorpe)

Davids of Ashby. Renowned delicatessen. Local foods include: LHCC "Sparkenhoe" & "1485" cheeses. BitterSweet Chocolates. Just Oil Rapeseed Oil, Gopsall Farmhouse Ice Cream. Tollgate Brewery ales. 53 Market St. 01530 415704

Fancy That. Local vegetables including potatoes & courgettes (seasonal). Market Hall. 01530 563563

Frutas Ltd (GH Ratcliffe). Occasional local seasonal vegetables, Desford & Orton honeys (irregularly). 34 Market St., 01530 412097

La Zouch. Local produce in restaurant. Colston Bassett Stilton in shop. 2 Kilwardby St. 01530 412536. Online store at www.lazouch.co.uk.

Somerfield. Websters Blue Stilton (on deli counter). 9 Derby Road. 01530 415008.

The National Forest (TNF) cont.

Ashby-de-la-Zouch (cont)

Tesco. Littleover Apiaries Honey. Long Clawson Blue Stilton & Shropshire Blue cheese. Belvoir organic Elderflower Presse. Just Oil Rapeseed Oil. Resolution Rd. (A42J13) 0845 677 9015.

The Crowded House (formerly The Pump Rooms) "We source most of our produce locally through local suppliers." 12 Bath Street. 0845 375 6856.

Barton-under-Needwood

The Butcher, the Baker, The Ice-cream Maker. Beef from Daws, lamb from Upper Longdon, Red Lion Farm Ice Cream. Unit 3, Barton Marina, DE13 8DZ. 01283 711002. www.bbicm.co.uk

Blackfordby

Swallows Eaves Farm. Beef & Lamb sold through Colliers in Swadlincote.

Boundary

Field House. Free range duck eggs. Ashby Road

Forties Farm. Potatoes (Seasonal). Heath Lane.

Prestop Park Farm. Oven-ready pheasant, partridge & duck (seasonal). Free range eggs, home-reared pork and lamb. Ashby Rd. 01530 412524.

Burton upon Trent

Farmer's Market. Last Friday of month, Market Square.

Burton Bridge Brewery. Micro-brewery. 01283 536596 for local outlets

Marstons Brewery. Cask beer and bottled ales incl Marstons Pedigree, Strong Pale Ale, Burton Bitter, Double Drop, Old Empire & Oyster Stout. The Brewery, Shobnall Road. 01283 531131. Widely available in pubs, off-licences & supermarkets.

Our Produce. Delivery service of Staffordshire produce via local collection points. www.ourproduce.co.uk. 0845 867 7797

The Old Cottage Brewery. Micro-brewery. 07780 900006 for local outlets

The Alfred. "All produce is locally sourced." 51 Derby St. 0845 249 0364

Tower Brewery. Micro-brewery. 01283 561330 for local outlets

Many national name beers are also produced in Burton upon Trent due to the characteristics of the underground water supply.

Coalville

A Holmes & Sons Traditional Butchers. Locally sourced beef, lamb, chicken, pheasant, partridge, wild duck, wood pigeon, venison (from Calke Park), wild boar (!), rabbits & hares. Home made pies. Needwood eggs. 52 High Street. 01530 832514. www.aholmesbutchers.co.uk.

Aldi. Tuxford & Tebbutt Shropshire Blue & Stilton cheeses.

General Market. Tues, Fri, Sat. Market Hall Coalville. 01530 837785. Regulars : FR Jackson & Son, (TNF, Melbourne)

Coleorton

Hall Farm. Free range eggs. Ashby Rd (A512) between M42J13 and Coleorton Hall.

Donington le Heath

Classics Restaurant. Listed as "Tea Shops and Restaurants that Keep It Local" in the National Forest Visitor Guide 2007, p.15. 01530 817214.

Draycott-in-the-Clay

The Firs. Eggs. Station Road

Gelsmoor

Garden Gate Sale. Eggs. Near Gelsmoor Farm, Rempstone Rd (Roadside sign up when available)

Grace Dieu

Bream Yoghurt. Low-fat yoghurt, Butter, Ghee, Curd Cheese, Cream. Manor Farm. 01530 222277. (Not sure if still trading?)

Blackbrook Traditional Meat. Home-reared and grazed pure-bred Longhorn Beef & Lamb, and Rare Breed Welsh Pork in partnership with Brooksby Melton College Farm. Farm shop open Fri/Sat. Spring Barrow Lodge Farm, Swannymote Rd. 01509 503276. Also home delivery (larger orders only) via website www.blackbrook-longhorns.com. Regulars at Ashby and Blaby Farmers' Markets

Griffydam

Farm Gate Sale. Fresh fruit, veg & eggs every Tuesday 4-6pm. Top Road (opposite No. 51).

Hartshorne

Bulls Head. Home-cooked food using local produce. Woodville Road. 01283 221380

Eggs for sale when board is out. Ticknall Lane

Heather

Cattows Farm Shop. Open all year. Fresh cut asparagus mid-April to mid-June. PYO soft fruit mid-June to mid-August. Leicester Hand-made cheese, Gopsall Farmhouse ice cream, Ortons honey, Lubcloud Dairies milk & cream. Home farm pork. Swepstone Road, Heather. 01530 260287

Hoar Cross

Meynell Ingram Arms. "Wide range of fish, meat and vegetarian dishes using local produce where possible. 01283 575202.

Ibstock

Smiths Butchers. Home cooked pies. Orton's honey.. 56-60 High St. 01530 260332.

Linton

Sealwood Farm. Home grown herbs and salad crops. Internet ordering for home or work delivery of a wide range of other local products incl. organics. See website for details. Regulars at Ashby, Lichfield and Market Bosworth Farmers Markets. Sealwood Lane. 01283 760841. www.sealwood.com.

Lullington

R.J. Kirkland. Farmers. Potatoes. Bald Hills Farm. 01827 273236

Markfield

Little Markfield Farm. Devon cross Beef, Lamb. 01530 242173

Measham

Measham House Farm (JJ Lovett). Accommodation. Breakfasts with home produced sausages, own fresh fruit & honey, & other local food when available. Home produced pork & sausages. Gallows Lane, 01530 270465, www.meashamhouse.co.uk

W. Taylor, Butchers. Thorpe Bros Aberdeen Angus & Simmental beef from Thorpe Bros. PS&M Greenfield lamb. JJ Lovett pork. 54 High St. 01530 270103.

Melbourne

BitterSweet Chocolates. Hand made chocolates using local ingredients wherever possible, including organic cream from Lubcloud Dairy, & strawberries from local fruit farms. 07968 163706. www.bittersweetchocolates.co.uk. Shop and production unit now at the Three Horseshoes at Breedon-on-the-Hill (Leics) Mail order online.

Blackwell Produce. Small scale producer and supplier of home-grown vegetables and potatoes selling from a victorian barrow on Blackwell Lane or online at www.blackwell-produce.co.uk.

National Forest Spring Water Company. Still & sparkling natural water from a Melbourne source. 01332 862699 for local outlets.

FR Jackson & Son. Local vegetables in season. Hawthorn House, 172 Derby Road. 01332 862135. Also at Coalville weekly markets.

The National Forest (TNF) cont.

Melbourne (cont)

Ramsley Farm Pies. Home-made pies, understood to contain meat from the farm. 01332 862619.

Wayne Spiers Family Butchers. Ramsley Farm Pies, Needwood Ice Cream. 38 Market Place. 01332 862249

Woodhouse Farm. Own seasonal vegetables. Woodhouses. 01332 862645

Moira

Gillivers Shoes. National Forest Spring Water. 1-3 Ashby Road. (Just across from Sarah's Wood) 01283 214255

Lakeside Lodge. Listed as "Tea Shops and Restaurants that Keep It Local" in the National Forest Visitor Guide 2007, p.15. Shortheath Water. 01283 763777.

Moira Furnace Tea Rooms. Sausages from Lovetts, and other local meat and veg. (Further details awaited)

Nanpantan

Home Farm Organics & Beth's Kitchen. Pies, bread, vegetables, cheese, organic meat incl. hams. bacon, sausages, Hereford beef & Dorest Downs lamb. Award-winning restaurant. Home Farm, Woodhouse Lane. 01509 239228 / 268984. Regulars at Loughborough Farmer's Market.

Quorn Country Real Dairy Ice Cream. Ice creams in over 25 flavours from locally produced milk, fruit & real alcohol. Bawdon Lodge Farm, Charley Crossroads. 01509 237073.

Newborough

Needwood Eggs & Farmhouse Ice Cream, Coulters Hill Farm. 01283 575464

Newhall

Garden King Garden Centre. Needwood eggs & ice cream. Park Road. 01283 550016

Newtown Linford

Jade's. Listed as "Tea Shops and Restaurants that Keep It Local" in the National Forest Visitor Guide 2007, p.15. 01530 243664.

The Grey Lady. Home cooked seasonal food using home grown herbs and vegetables, and other local and regional produce. Sharpley Hill. LE6 OAH. 01530 243558 www.the-grey-lady.co.uk.

The Village Restaurant. "Many of the ingredients sourced locally and some organically produced." 554 Bradgate Road. LE6 0HB, 01530 245801. www.the villagerestaurantnewtownlinford.co.uk

Norris Hill

Tomatoes (See board - seasonal) 197 Ashby Rd.

Oaks in Charnwood

Lubcloud Dairy. Organic milk to Soil Association standard. Lubcloud Farm. 01509 505055.

Packington

Dan & Wills Chicks. Free range eggs. Available from The Mushroom Basket.

Daybreak Services. Needwood eggs & ice cream, Gopsall Farmhouse Ice Cream, Orton honey. High Street. 01530 415705

The Mushroom Basket at Livesey Bros. Mushroom Farm. Fresh Wild & Exotic mushrooms. Oyster, Shiitake, Enoki, Shimeji, Girolle, Trompette, & more. "Own-brand" suppliers to Asda (LIV002) and Sainsbury (L0267). Home reared lamb, beef and pork also available, as well as eggs from Dan & Wills Chicks. Normanton Rd. 01530 415862. www.themushroombasket.com.

Rangemore

Byrkley Garden Centre. Listed as "Tea Shops and Restaurants that Keep It Local" in the National Forest Visitor Guide 2007, p.15. Just Oil rapeseed oil. 01283 716467.

Ravenstone

Church Lane Farmhouse. Accommodation. Breakfasts with local sausages & Oakham Blue rare breed free range eggs. Evening meals with local pheasant and venison in season. Other local produce when available. Church Lane. 01530 810536.

Staunton Harold (incl. Lount)

Breadfirst. Home-made breads using Claybrooke Mill flour. Local food including Bainbridge Preserves, Just Oil Bittersweet Chocolates, Littleover Apiaries honey, Belvoir Fruit Farms cordials, Colston Bassett Blue Stilton & Leicestershire Handmade Cheese Co Sparkenhoe cheese, Claybrooke Mill flour. Ferrers Centre. 07826 854868

Staunton Harold Nurseries and Garden Centre. Needwood ice cream and eggs. Adjacent to the Ferrers Centre for Arts and Crafts, Staunton Harold Estate. 01332 862769

Staunton Stables. Listed as "Tea Shops and Restaurants that Keep It Local" in the National Forest Visitor Guide 2007, p.15. Local food includes Needwood Ice Cream and Swithland Spring Water in chiller. Ferrers Centre for Arts and Crafts, Staunton Harold Estate. 01332 864617

Swadlincote

G Collier, Butchers. Beef from Taylor of Repton, Lamb from Collington of Appleby Magna, Pork from JJ Lovett of Measham and Chicken from R&S Platts of Scropton. Needwood eggs. 57 High St. 01283 217291

Lidl. Tuxford & Tebbutt "Manor Vale" or Long Clawson "Valley Spire" Mature Stilton & Shropshire Blue Cheese. (Varies) Belmont Rd.

Sainsburys. Belvoir Fruit Farms Elderflower Presse. Sainsburys Oyster mushrooms (from Livesey Bros L0267) Civic Way. 01283 226792.

Sharpe's Pottery Coffee Shop. Listed as "Tea Shops and Restaurants that Keep It Local" in the National Forest Visitor Guide 2007, p.15. 01283 222600.

The Yard. Listed as "Tea Shops and Restaurants that Keep It Local" in the National Forest Visitor Guide 2007, p.15. 01283 522811.

Thringstone

The George & Dragon. Local food including meat from Blackbrook Traditional Meats (TNF, Grace Dieu). Ashby Road. 01530 222282.

Ticknall

Calke Abbey Restaurant and Shop. Most of the food is locally produced within 25-30 mile radius, or from the Calke Estate itself. Bittersweet Chocolates, Standley's Barn meats, Orton honey, Tollgate Ales, Grindley Gringo spicy sauces in shop. Restaurant with seasonal menus featuring Calke Estate and other local foods. Calke Abbey Estate, National Trust. 01332 864803

Scaddows Farm Shop & PYO. Strawberries, raspberries, gooseberrys and currants. Farm shop stocks South Derbyshire seasonal veg, incl. own asparagus, sprouts, savoy cabbage. Littleover Apiaries Honey. Needwood eggs & Ice Cream. Lubcloud Dairies milk & cream. Coates Meats. Packington Pork. Webster's Blue Stilton. Ramsley Farm pies. Claybrook Mill cereals. Field House Herbs, Oils & Vinegars. Manor Farm Yoghurt. National Forest Spring Water. Belvoir Fruit Farms Elderflower Pressé, Bainbridge Preserves. Café. Scaddows Lane. 01332 865709, www.scaddowsfarm.co.uk

Standleys Barn Farm Shop. Lowland organic beef, lamb and pork. Open Saturdays. Also sold through Calke Abbey and other local shops. Calke Abbey Estate. 01332 862762.

The Scaddows. Damsons & Damson jam in season, & free-range hen and duck eggs when the noticeboard is out. Scaddows Lane.

The National Forest (TNF) cont.

Whitwick

Bainbridge Preserves. Hand-made jam & preserves from locally grown ingredients. Callers welcome by appointment. Talbot St. 01530 813314. Sold in Scaddows Farm Shop (TNF, Ticknall)

Mason & Son Chemist. Swithland Spring Water

Mount St Bernard's Abbey. Own honey. 01530 832298

Willesley

Wood Farm Cottages. Eggs, duck eggs, potatoes. Willesley Lane

Woodhouse Eaves

"Delicious" Local Food Shop. Sandra's Jams

Le Fevres. Swithland Spring Water

Woodville

Broomy Farm. Home grown potatoes (Wilja, Red Desiree, Estima) available when sign out. Hartshorne Rd. 01283 217761.

Tollgate Brewery. Micro-brewery. Tollgate Special, Tollgate Bitter, Tollgate Light and Woodville Pale Ales. Unit 8, Viking Business Centre. 01283 229194

Nearby in Derbyshire (Derbys)

Borrowash

Antony Coates Quality Meats. Butchers. Beef, lamb and pork from local farms. 12 types of home made sausage, home cured and smoked bacon, cured hams and gammon. Turkeys, cockerels, geese, poultry and eggs. Wild venison, duck, pheasant, partridge & mutton in season. Victoria Avenue. 01332 280379.

Derby

Farmers Market.3rd Thurs of month, Market Place, 01332 255802. Regulars : Oslinc (Reg).

Etwall

Blenheim House. "A modern menu based on classical European traditions, using only the finest ingredients, sourced locally, and cooked freshly". 56 Main Street. 01283 732254

Highfields Happy Hens. Free range eggs. "Our farm is set in Etwall in the beautiful south Derbyshire countryside, where our hens lead a blissful life roaming free in lush green fields." Farm shop with free-range chicken, home-produced lamb & pork, home- & local-grown vegetables, home made jams & chutneys. Christmas turkeys. Tea-room using own eggs and other local produce. Highfields Farm, Heage Lane, DE65 6LS. 01283 732083. www.highfieldshappyhens.co.uk.

Foston

Oak Lodge Farm Shop. Home grown produce incl sprouts, leeks, free-range hen & goose eggs, home-bred Gloucester Old Spot pork, home-made jams, preserves, herb jellies & pickles. Local lamb & beef. Littleover Apiaries honey. Just Oil rapeseed oil. Tea Room. Uttoxeter Road. 01283 520171

Hilton

Willow Orchard Farm. Traditional free range pork and eggs, duck eggs, home made produce. Uttoxeter Road (opposite Alpha House)

Ingleby

John Thompson Inn. Ale from own micro-brewery. Tel 01332 862469

Littleover

Littleover Apiaries. The only producer of Active Honey and single flower honey in the UK. 145 Warwick Avenue. 01332 775882. www.littleoverapiaries.com.

Kings Newton

Chantry Farm Shop. Longhorn, Hereford and Dexter beef, Gloucester Old Spot and Large Black pork & sausages. Portland lamb & wild venison from Calke Abbey (seasonal). Free range poultry. Fresh vegetables. Lubcloud Dairies organic milk. 01332 865698. www.chantryfarm.com

Mickleover

WI Country Market. The Community Centre. Fridays 10-11.30am. Local home produce.

Milton

Old Post Office Farm. Fresh free range eggs. 7 Main St.

Repton

Boot Inn. Pub and restaurant serving local produce, including trout from local reservoirs. 12 Boot Hill. 01283 703327

Park End Farm Kitchen. Jams, conserves & chutneys available seasonally from roadside table. Main St. 01283 701996

Redshaws Family Butchers. Locally reared beef, pork and lamb from family farm. Local venison & chickens. 5-7 Burton Road. 01283 703256

A Taylor. Beef.

The Bulls Head. "We can trace all our meat back to specific farms in Derbyshire & Staffordshire. … Whenever we can we use local produce because Derbyshire & Staffordshire have some of the best food in the land." 84 High Street. 01283 704422. www.thebullsheadrepton.co.uk

Shardlow

J.J. Chamberlain. Farmers. Beef & Lamb. Glebe Farm. 01332 792978

Shardlow Brewing Company Ltd. Variety of local beers and ales, sold through two of their own public houses: the Blue Bell in Melbourne & the Ashby Court Hotel in Ashby-de-la-Zouch. Old Brewery Stables, British Waterways Yard, Cavendish Bridge. 01332 799188.

Sudbury

Aston House Farm. Organic Longhorn beef direct from the farm. Sold fresh approximately every 6 weeks, and frozen by appointment. Lichfield Road (by junction with A50). 01283 585410.

HMP Sudbury Farm Shop. Seasonal vegetables grown on-site in prison gardens. 01283 584000 (Ashbourne turn off A50, turn right onto Sudbury Prison access road, car park on left, shop on right side by security gatehouse.)

Wild's Butchers. Just Oil rapeseed oil

Swarkestone

Swarkestone Nursery. Strawberries. Lowes Lane. 01332 700800. www.swarkestonenursery.eclipse.co.uk

Willington

Willington Green Delicatessen. Needwoods ice cream. Littleover Apiaries honey. Highfields Happy Hens eggs. Colston Bassett & Cropwell Bishop cheeses. Field House herbs. Home & locally made meals, pies, cakes, desserts & preserves using some local ingredients. Café with light refreshments. 5 The Green. 01283 704304.

Nearby in Leicestershire (Leics)

Appleby Magna

Collington. Lamb.

W. Taylor, Butchers. Thorpe Bros Aberdeen Angus & Simmental beef. PS&M Greenfield lamb. JJ Lovett pork. Snarestone Road. 01530 270551

Ansty

Brookside Nurseries. Swithland Spring Water

Nearby in Leicestershire (Leics) cont.

Barkby Thorpe

Picks Organic Farm Shop. Family run organic farm. Gloucester Old Spot pork, gammon, bacon & sausages. White Ross Cobb & Bronze Strain chickens, White, Bronze & Norfolk Black turkeys, guineafowl, Aylesbury duck, goose & quail. Free range eggs, incl duck & quail. Beef & lamb. Fruit & veg (seasonal). Food boxes. Belvoir Fruit Farms cordials. 0116 269 3548. Regulars at Ashby Farmer's Market.

Barrow upon Soar

Barrow News. Swithland Spring Water

Belton

Belton Village Stores & Post Office. Local seasonal vegetables, Lubcloud Dairy organic milk. 4 Long St. 01530 222216.

Blaby

Farmer' Market. 4th Saturday monthly. Regulars: Blackbrook Traditional Meats (TNF, Grace Dieu), Claybrooke Mill (Reg), Sandra's Jams (Leics, Whetstone) Woodhouse Farm (Leics, Elmsthorpe)

WI Country Market. Blaby Social Centre, Leicester Road. Fridays 10.15-11.15am. Local home produce

Breedon-on-the-Hill

Little Scotland Farm. Free-range eggs. Burney Lane.

Priory Garden Centre Farmshop. Locally grown vegetables. Needwood Eggs.

Three Horseshoes. BitterSweet Chocolates shop.

Castle Donington

J.R. Armett & Son. Farmers. Beef & Lamb. Hilltop Farm. 01332 810536

Market (Farmers) 2nd Sat of month, St Edward's Primary School, Dovecote.

Congerstone

Sence Valley Murray Greys. Murray Grey beef fed on chemical free grass and hay, sold by the 1/8th animal (approx 50lb). Tithe Farm, Barton Road. 01827 880840.

Croft

Adrian Dale Potatoes Ltd. Desiree, Nadine, Marfona, Wilja Potatoes. Three Boundaries Farm. 01455 285577

Desford

Desford Honey. Forest House, Leicester Lane

Elmesthorpe

Woodhouse Farm . Home produced dry-cured bacon & gammon, speciality sausages, fresh pork. lamb & beef. Claybrooke Mill flours. Burbage Common Road. 01455 851242. Regulars at Ashby-de-la-Zouch, Blaby, Leicester, Lichfield, Loughborough and Market Bosworth Farmer's Markets. 01455 851242 www.woodhousefarm.co.uk. Online mail order service.

SD Rusch. Pesticide-free tomatoes, peppers & cucumbers. 30 Billington Road West. 01455 842572.

Enderby

Olives Deli. Sandra's Jams

Palmers Garden Centre. Sandra's Jams. St Johns

Glenfield

Chocolate Euphoria. Quality chocolates with fillings using Lubcloud Daries cream & local butter. 12 Granary Close. 0116 225 1267. www.chocolateeuphoria.co.uk.

WI Country Market, St Peter's Church Centre, Church Road, The Square. Fridays 10-11.15am. Local home produce.

Groby

Budgens. Swithland Spring Water

Hathern

Hathern Stores. Wicked Hathern Brewery ales. Cross Street.

Hemington

The Jolly Sailor. "Wholesome British menu – quality food – local produce." Main St. 01332 810448

Isley Walton

Donington Venison. Wild professionally culled venison, as near organic as can be. Frozen meat, steaks & sausages. Donington Park Farmhouse Hotel, Melbourne Road. 01332 862409.

Kegworth

Cottage Bakery Cakes. Handmade cakes using Claybrooke flours, eggs for own hens, and other local ingredients when available. Celebration cakes, including Wedding Cakes. 07708 035311. Regulars at Ashby Farmer's Market.

Kirkby Mallory

Leicestershire Emus. Emu meat & fresh emu eggs. 31 Newbold Road. 01455 823344.

Leicester

Christopher James. Sandra's Jams. Queen Road.

Deliflavours. Sandra's Jams. Francis Street

Farmer's Market. Last Wed of month, Market Place, 9.00-2.00, 0116 222 0258. Regulars : Oslinc, (Reg), Woodhouse Farm (Leics, Elmsthorpe)

Fingerprints Deli. Sandra's Jams. Queens Road.

Green & Pleasant Wholefoods. Swithland Spring Water. 59a Queens Road. 0116 270 2974

Kitchenmonkey.co.uk Ltd. Frozen meals, starters, party food, soup and deserts for all the family delivered to your door. Made from a wide range of local and regional ingredients. Menu and on-line ordering at www.kitchenmonkey.co.uk, call 0870 140 3213, or email info@kitchenmonkey.co.uk.

Long Whatton

Manor Organic Farm Shop. Organic produce to Soil Association standards. Home-produced and neighbouring farms' beef, lamb & pork, local vegetables, Lubcloud Dairy organic milk. Belvoir Organic Elderflower Presse, Donington venison, Claybrooke & Whissendine flours and cereals. Own Bakery using regional flours. Main St. 01509 646413.

Loughborough

Farmer's Market. 2nd Wed monthly, Devonshire Square. Regulars: Claybrooke Mill (Reg), Home Farm Organics (TNF, Nanpantan), Oslinc (Reg), The Melton Cheeseboard, (Reg), Woodhouse Farm (Leics, Elmesthorpe)

Stephen Morris Organic Butchers. Hungary Lane Beef & Lamb, Claybrooke Mill Flours. 26-27 High St.

The Albion. "Abion Special" from the Wicked Hathern Brewery. Canal Bank.

Market Bosworth

Market (Farmers) 4th Sun monthly, Market Square 9.00–2.00. Regulars : Chocolate Confetti (Reg), Claybrooke Mill (Reg), Leics Handmade Cheese Co. (Leics, Upton). Sealwood Farm, (TNF, Linton), Woodhouse Farm (Leics, Elmsthorpe)

Mountsorrel

Budgens. Swithland Spring Water

Stonehurst Family Farm & Motor Museum. Farm shop with home-grown produce, potatoes, vegetables, eggs and meat. Swithland Spring Water. Bond Lane. 01509 413216

Newbold Verdon

Goatsgate Farm. Hereford & Aberdeen Angus beef, goat meat including "Billy-Burgers", hen & goose eggs. Kirkby Lane. 01455 824849

Nearby in Leicestershire (Leics) cont.

Norton-juxta-Twycross

Gopsall Farmhouse Fresh Ice Cream. "Farmhouse ice cream using the farm's milk and eggs. Flavourings are all natural and locally sourced wherever possible." Culloden Farm. 01530 270350

Thorpe Bros. Aberdeen Angus & Simmental Beef. Culloden Farm. 01530 270350.

Osbaston

Heath Farm Bungalow. Home produced beef, lamb & pork, duck & hen eggs. Newbold Road. Open Sat 10-4. 01455 290351.

Osgathorpe

Manor House Cottage PYO. Raspberries, asparagus. Ashby Road, West End.

Peckleton

Tooley Park Farm Shop. Beef, Pork, Lamb, Vegetables and Potatoes. 01455 822876.

Queniborough

Cross Road Stores. WF Mann eggs

WF Mann & Son. Free range eggs. The Bungalow, South Croxton Road. 01664 840338

Rothley

Brookleas Nurseries. Swithland Spring Water

Shepshed

Shepshed Water Mill stocks Claybrook Mill flours on open days (approx 3 times per year) Mill Farm, Hathern Road. 01509 506420. www.shepshedwatermill.co.uk.

Sibson

J&E Orton Bee Farm. Additive-free honey from apiaries in SW Leicestershire. 01827 880471.

Sileby

Sunrise Eggs. Eggs (min purchase 30 doz). Seagrave Rd. 01509 812441

Snarestone

Close Nurseries. Duck Eggs

Lodge Farm. Potatoes, Vegetables, Eggs.

Swithland

Swithland Spring Water. Local Charnwood spring water. Retail & watercooler supplier. www.swithlandspringwater.co.uk. Hall Farm. 01509 891189.

Syston

WI Country Market. Methodist Hall, High St. Fridays 10.00-11.00. Local home produce.

System Grange Farm Shop. WF Mann & Son eggs. Barkby Road

Thrussington

Manor Farm Dairy Products. Live natural & flavoured yoghurt. 01664 424245.

Twycross

PS&M Greenfield. Lamb (& cured sheepskin rugs). Norton Barn Farm. Regulars at Ashby Farmer's Market. 01827 880373

Twycross Garden Centre & Farm Shop. Local free range eggs. 23 Burton Road, CV9 3PR. 01827 880883.

Upton

Leicestershire Handmade Cheese Co. "Sparkenhoe" Red Leicester and "1485" cheeses from pedigree Holstein Friesian herd. Regulars at Ashby & Market Bosworth Farmers Market. Sparkenhoe Farm. 01455 213863.

Whetstone

Whetstone Pastures Fruit Farm. Home of "Sandra's Jam" made from fruit from the farm or picked locally. Tea room during PYO season has home-made scones using Claybrooke Mill flours and Lubcloud Dairies organic cream. 0116 277 4627. www.whetstonepasturefarm.com. Various outlets.

Nearby in Nottinghamshire (Notts)

East Leake

Wicked Hathern Brewery. Bottled beers, and "Albion Special" brewed especially for The Albion in Loughborough. 17 Nixon Walk. 01509 842585

Sutton Bonnington

Hungary Lane Farm. Cereals, flour, vegetables, beef, lamb, poultry & turkeys. 01509 673897

Nearby in Staffordshire (Staffs)

Abbots Bromley

Wilsons Butchers. Just Oil rapeseed oil. Bagot St. 01283 840224

Blithbury

W.B. Daw & Son. Farmers. Beef. 01889 504206

Burntwood

Coulter Lane Fruit Farm. Stawberries & other soft fruit. Beetroot & tomatoes, home made jams and chutneys, honey from bees kept on the farm, free range hen & duck eggs, own Highland Beef. Claybrooke Mill flours. Coulter Lane. 01543 682339. www.coulterlanefarm.co.uk

Fradley

Fradley Junction Canalside Cafe. Listed as "Tea Shops and Restaurants that Keep It Local" in the National Forest Visitor Guide 2007, p.15. 01283 790236.

Just Food Co. Just Oil rapeseed oil. Old Hall Farm, Old Hall Lane.

Haughton

Red Lion Farm. Ice cream made using fresh Jersey milk from the farm, farm shop & tea rooms. Church Eaton Road. ST18 9JG. 01785 780587. www.red-lion-farm.co.uk

Hill Ridware

Just Oil. Cold pressed extra virgin rapeseed oil. Grown, harvested, stored, cold pressed, filtered & bottled on the farm. Wade Lane Farm. www.justoil.co.uk.

Lichfield

Farmer's Market. 1st Thurs of month, Market Sq, 9.00-4.00, 01543 309853. Regulars : Beaudesert Park Farm (Staffs, Upper Longdon), Oslinc, (Reg). Sealwood Farm (TNF, Linton), Woodhouse Farm (Leics, Elmsthorpe).

WI Country Market. The Market Place, Fridays 7.30am-2pm. Local home produce.

Kings Bromley

The Royal Oak. Restaurant. Patron & award-winning Master Chef Mathew Shropshall says he is "passionate" about using local produce. Manor Road. 01543 472289.

Rolleston

Brookhouse Hotel. Listed as "Tea Shops and Restaurants that Keep It Local" in the National Forest Visitor Guide 2007, p.15. 01283 814488.

E E Tebbett. Finest quality Hereford & Angus beef, pork, & lamb, either from the farm itself or other local producers. Local eggs & potatoes. Rolleston Grange Farm, on A511 between Burton & Tutbury. 01283 812123

Nearby in Staffordshire (Staffs) cont.

Stretton

Field Farm Eggs. Forge Poultry Farm, Clay Mills. 01283 563814

Tamworth

WI Country Market. The Phillip Dix Centre, Corporation St. Fridays 10.00-12.15. Local home produce

Highfields Farm Dairy. Innes fresh & soft white cheese made from raw goats milk. Clifton Lane, Statfold. 01827 830197.

Upper Longdon

Beaudesert Park Farm (D.W. Cope Partners). White Park beef and wid venison from own farm. Ready meals and pies using own & other local produce. Direct sales 01543 425210. Regulars at Farmer's Markets at Lichfield & Uttoxeter.

Uttoxeter

Farmer's Market, last Saturday of the month, Market Place. 01889 562465. Regulars: Beaudesert Park Farm (Staffs, Upper Longdon)

WI Country Market. Wilfrid House, Carter St. Wednesdays 8.00-12.00. Local home produce.

Woodgate House B&B. Breakfasts with local produce, including home grown tomatoes fruit (in season). Home-made preserves from home-grown fruit. Wood Lane, Woodgate. 01889 566488.

Whittington

Packington Pork. Free range RSPCA Welfare Standard pork & pork products. Packington Fields Farm, Tamworth Road. 07970 174984. www.packingtonpork.com

Nearby in Warwickshire (Warks)

Gredon

The Smithy Farm Shop. Gopsall Farmhouse Fresh Ice Cream. Warton Lane. 01827 714216

Regional food, sold locally (Reg)

(Entries in this section are alphabetical by producer name.)

Belvoir Fruit Farms. Elderflower Pressé made from Belvoir Valley elderflowers, and local spring water. Belvoir, Grantham. 01476 870286. www.belvoirfruitfarms.co.uk

Bisbrooke Ostrich Farms. Ostrich fillet steaks, joints, sausages, eggs, mince, burgers. Mail order service. Ridlington (Rut) 01572 717672.

Bouverie Lodge. Bison & venison. Nottingham Rd, Neither Broughton, Leics. 01664 822114, www.bisons.org. Regulars at Ashby Farmer's market.

Chocolate Confetti. Bijou chocolate company that grows its own flowers and herbs for flavourings and sources other ingredients from the East Midlands Farmer's Market community. Regulars at Ashby-de-la-Zouch and Market Bosworth farmers market. Sutton in Ashfield (Notts). www.chocolateconfetti.co.uk.

Colston Bassett Dairy Ltd. Prizewinning Stilton cheese. Shop. Colston Bassett (Notts) 01949 81322.

Claybrooke Mill. Traditional watermill producing a range of flours and cereals. 146 Frolsworth Lane, Claybrook Magna (Leics). www.claybrookewatermill.co.uk.

Cropwell Bishop Creamery. Family owned. Blue & White Stilton, Blue Shropshire & organic Blue Stilton cheeses. Cropwell Bishop (Notts) 0115 989 2350

Eglantine Vineyard. Various wines and meads from own vines Eglantine House, Ash Lane, Costock, LE12 6UX. 01509 852386. *(No local stockists found so far. About 8 miles from the National Forest boundary, not quite "nearby", but too unique to miss out.)*

Field House Herbs. Specialist producers of fresh & cut herbs, pot herbs, herb oils and vinegars. Horsley (Derbys) 01332 883072.

Gringley Gringo. Hot sauces, pickled peppers, mustards & exotic oils. Unusual "Grow for Gringley" scheme supplies plants to local schools, community groups etc to grow on at home, on windowsills etc, then buys back mature produce. Kirton, Newark (Notts). Online ordering at www.gringleygringo.com.

Halfpenny Green Vineyards. Estate grown & bottled from 25 acres of vines. South Staffordshire DY7 5EP. 01384 221101, www.halfpenny-green-vineyards.co.uk. Regulars at Ashby Farmer's Market.

Long Clawson Dairy Ltd.. The leading producer of Blue Stilton & other cheeses. Long Clawson (Leics) 01664 822332

Oslinc. Ostrich roasts, burgers, sausages, mince and eggs. Boston (Lincs) 01507 568885. Regulars at Farmers Markets in Derby, Leicester, Lichfield & Loughborough.

The Melton Cheeseboard. Regional foods incl Long Clawson cheeses, LHCC "Sparkenhoe", Quenby Hall Stilton, honey, cordials & beers. Melton Mowbray (Leics) 01664 562257. www.meltoncheeseboard.co.uk. Regulars at Loughborough Farmers Market.

Tuxford & Tebbutt. Leicester Gold, Shropshire Blue, Stilton & White Stilton (inc. "Manor Vale") cheese Melton Mowbray (Leics) 01664 502900.

Websters Dairy. Stilton, Shropshire Blue and organic Stilton cheeses. Melton Mowbray (Leics) 01664 812223.

Whissendine Windmill. Wheat Flour, Rye, Oats, Spelt Barley. Whissendine (Rut) 01664 474172.

Part 2 - By product

Accommodation serving local-produce food

TNF, Measham. Measham House Farm (JJ Lovett)
TNF, Ravenstone. Church Lane Farmhouse
Staffs, Uttoxeter. Woodgate House

Asparagus

TNF, Heather. Cattows Farm Shop
TNF, Ticknall. Scaddows Farm Shop
Leics, Osgathorpe. Manor House Cottage PYO.

Beef

TNF, Alrewas. Peter Coates Quality Meats.
TNF, Ashby-de-la-Zouch. Farmer's Market (Blackbrook Tradional Meats, Pick's, Woodhouse Farm)
TNF, Barton-under-Needwood. The Butcher, The Baker, The Ice-cream Maker
TNF, Blaby. Farmer's Market (Blackbrook Traditional Meats)
TNF, Blackfordby. Swallows Eaves Farm
TNF, Coalville. A Holmes & Sons Traditional Butchers
TNF, Grace Dieu. Blackbrook Traditional Meat.
TNF, Markfield. Little Markfield Farm.
TNF, Nanpantan. Home Farm Organics
TNF, Packington. The Mushroom Basket
TNF, Swadlincote. G Collier, Butchers
TNF, Ticknall. Calke Abbey Shop
TNF, Ticknall. Standleys Barn Farm Shop
Derbys, Borrowash. Antony Coates Quality Meats.
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Kings Newton. Chantry Farm Shop
Derbys, Repton. Redshaws Family Butchers
Derbys, Repton. A Taylor
Derbys, Shardlow. J.J. Chamberlain
Derbys, Sudbury. Aston House Farm.
Leics, Appleby Magna. W Taylor
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Blaby. Farmer's Market (Woodhouse Farm)
Leics, Castle Donington. J.R Armett & Son
Leics, Congerstone. Sence Valley Murray Greys
Leics, Elmesthorpe. Woodhouse Farm Fayre
Leics, Leicester. Farmer's Market (Woodhouse Farm)

Beef (cont)

Leics, Long Whatton. Manor Organic Farm Shop
Leics, Loughborough. Farmer's Market. (Home Farm Organics, Woodhouse Farm)
Leics, Loughborough. Stephen Morris Organic Butchers
Leics, Market Bosworth. Farmer's Market (Woodhouse Farm)
Leics, Newbold Verdon. Goatsgate Farm
Leics, Norton-juxta-Twycross. Thorpe Bros.
Leics, Osbaston. Heath Farm Bungalow
Leics, Peckleton. Tooley Park Farm Shop
Notts, Sutton Bonington. Hungary Lane Farm
Staffs, Blithbury. W.B. Daws & Son
Staffs, Burntwood. Coulter Lane Fruit Farm
Staffs, Lichfield. Farmer's Market (Beaudesert Park Farm, Woodhouse Farm)
Staffs, Rolleston. EE Tebbett, Rolleston Grange Farm
Staffs, Upper Longdon. Beaudesert Park Farm

Beetroot – see Salad Crops

Beer (Widely-available Burton beers are not listed)

TNF, Ashby-de-la-Zouch. Davids of Ashby
TNF, Burton upon Trent. Burton Bridge Brewery
TNF, Burton upon Trent. Marstons Brewery
TNF, Burton upon Trent. The Old Cottage Brewery
TNF, Burton upon Trent. Tower Brewery
TNF, Ticknall. Calke Abbey Restaurant
TNF, Woodville. Tollgate Brewery.
Derbys, Ingleby. John Thompson Inn.
Derbys, Shardlow. Shardlow Brewing Company Ltd
Leics, Loughborough. The Albion
Notts, East Leake. Wicked Hathern Brewery

Bison

TNF, Ashby-de-la-Zouch. Farmer's Market (Bouverie Lodge)
Reg. Bouverie Lodge

Blackcurrants – see Fruit, Soft

Bread & Bakery produce

TNF, Ashby-de-la-Zouch. Farmer's Market. (Cottage Bakery)
TNF, Nanpantan. Home Farm Organics
THF, Staunton Harold. Breadfirst
Leics, Kegworth. Cottage Bakery Cakes
Leics, Long Whatton. Manor Organic Farm Shop

Butter & Ghee

TNF, Grace Dieu. Bream Yoghurt

Cakes & Desserts

TNF, Ibstock. Julia's Hand Made Food
Derbys, Willington. Willington Green Delicatessen.

Cheese, Dairy

TNF, Ashby-de-la-Zouch. Davids of Ashby
TNF, Ashby-de-la-Zouch. La Zouch
TNF, Ashby-de-la Zouch. Somerfield
TNF, Ashby-de-la-Zouch. Tesco
TNF, Coalville. A Holmes & Sons Traditional Butchers
TNF, Coalville. Aldi
TNF, Grace Dieu. Bream Yoghurt
TNF, Heather. Cattows Farm Shop
TNF, Nanpantan. Home Farm Organics
TNF, Staunton Harold. Breadfirst
TNF, Swadlincote. Lidl
TNF, Ticknall. Scaddows Farm Shop.
Derbys, Willington. Willington Green Delicatessen.
Leics, Loughborough. Farmer's Market (Melton Cheeseboard, Home Farm Organics)
Leics, Market Bosworth. Farmer's Market (Leicester Handmade Cheese Co.)
Leics, Upton. Leicestershire Handmade Cheese Co.
Reg. Colston Bassett Dairy Ltd
Reg. Cropwell Bishop Creamery.
Reg. Long Clawson Dairy Ltd
Reg. The Melton Cheeseboard
Reg. Tuxford & Tebbutt
Reg. Webster's Dairy

Cheese, Goat

Staffs, Tamworth. Highfields Farm Dairy

Chicken

TNF, Alrewas. Peter Coates Quality Meats.
TNF, Ashby-de-la-Zouch. Farmer's Market (Pick's)
TNF, Coalville. A Holmes & Sons Traditional Butchers
TNF, Swadlincote. G Collier, Butchers
Derbys, Borrowash. Antony Coates Quality Meats.
Derbys, Etwall. Highfields Happy Hens
Derbys, Kings Newton. Chantry Farm Shop
Derbys, Repton. Redshaws Family Butchers
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Notts, Sutton Bonington. Hungary Lane Farm

Chilli Peppers – see Hot & Spicy

Chocolate & Confectionary

TNF, Ashby-de-la-Zouch. Davids of Ashby.
TNF, Ashby-de-la-Zouch. Farmer's Market (Chocolate Confetti)
TNF, Melbourne. BitterSweet Chocolates
TNF, Staunton Harold. Breadfirst
TNF, Ticknall. Calke Abbey shop.
TNF, Ticknall. Scaddows Farm Shop
Leics, Breedon-on-the-Hill. Three Horseshoes
Leics, Glenfield. Chocolate Euphoria
Leics, Market Bosworth. Farmer's Market (Chocolate Confetti)
Reg. Chocolate Confetti

Courgette – See Vegetables, Green

Duck

TNF, Alrewas. Peter Coates Quality Meats.
TNF, Boundary. Prestop Park Farm
TNF, Coalville. A Holmes & Sons Traditional Butchers
Derbys, Borrowash. Antony Coates Quality Meats.

Eggs, Duck

TNF, Ashby-de-la-Zouch. Farmer's Market (Pick's)
TNF Boundary. Field House
TNF, Ticknall. The Scaddows
TNF, Willesley. Wood Farm Cottages
Derbys, Hilton. Willow Orchard Farm
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Osbaston. Heath Farm Bungalow
Leics, Snarestone. Close Nurseries
Staffs, Burntwood. Coulter Lane Fruit Farm

Eggs, Goose

Derbys, Foston, Oak Lodge Farm Shop
Leics, Newbold Verdon. Goatsgate Farm

Eggs, Hen

TNF, Ashby-de-la-Zouch. Farmer's Market (Pick's)
TNF, Alrewas. Peter Coates Quality Meats.
TNF, Boundary. Prestop Park Farm
TNF, Coalville. A Holmes & Sons Traditional Butchers
TNF, Coleorton. Hall Farm.
TNF, Draycott-in-the-Clay, The Firs
TNF, Gelsmoor. Garden Gate Sale, nr Gelsmoor Farm
TNF, Griffydam. Farm Gate Sale
TNF, Hartshorne. Ticknall Lane
TNF, Lount. Staunton Harold Nurseries and Garden Centre
TNF, Newhall. Garden King Garden Centre
TNF, Newborough. Needwood Eggs & Farmhouse Ice Cream
TNF, Packington. Daybreak Services
TNF, Packington. Dan & Wills Chicks
TNF, Swadlincote. G Collier, Butchers
TNF, Ticknall. The Scaddows
TNF, Ticknall. Scaddows Farm Shop.
TNF, Willesley. Wood Farm Cottages
Derbys, Borrowash. Antony Coates Quality Meats.

Eggs, Hen (cont)

Derbys, Etwall. Highfields Happy Hens.
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Hilton. Willow Orchard Farm
Derbys, Milton. Old Post Office Farm
Derbys, Willington. Willington Green Delicatessen.
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Breedon-on-the-Hill. Little Scotland Farm
Leics, Breedon-on-the-Hill. Priory Garden Centre Farmshop
Leics, Mountsorrel. Stonehurst Family Farm & Motor Museum
Leics, Newbold Verdon. Goatsgate Farm
Leics, Osbaston. Heath Farm Bungalow
Leics, Queniborough. Cross Road Stores
Leics, Queniborough, WF Mann & Son
Leics, Sileby. Sunrise Eggs
Leics, Snarestone. Lodge Farm
Leics, Syston. Syston Grange Farm Shop
Leics, Twycross. Twycross Garden Centre & Farm Shop
Staffs, Burntwood. Coulter Lane Fruit Farm
Staffs, Rolleston. EE Tebbett, Rolleston Grange Farm
Staffs, Stretton. Field Farm Eggs.

Eggs, Ostrich & Emu

Derbys, Derby. Farmer's Market (Oslinc)
Leics, Kirkby Mallory. Leicestershire Emus
Leics, Leicester. Farmer's Market (Oslinc)
Leics, Loughborough. Farmer's Market (Oslinc)
Staffs, Lichfield. Farmer's Market (Oslinc)
Reg. Oslinc
Reg. Bisbrooke Ostrich Farms

Eggs, Quail

TNF, Ashby-de-la-Zouch. Farmer's Market (Pick's)
Leics, Barkby Thorpe. Pick's Organic Farm Shop

Flour & Cereals

THF, Staunton Harold. Breadfirst
TNF, Ticknall. Scaddows Farm Shop.
Leics, Blaby. Farmer's Market (Claybrooke)
Leics, Elmesthorpe. Woodhouse Farm Fayre
Leics, Long Whatton. Manor Organic Farm Shop
Leics, Loughborough. Farmer's Market (Claybrooke)
Leics, Loughborough. Stephen Morris Organic Butchers
Leics, Market Bosworth. Farmer's Market (Claybrooke)
Leics, Shepshed. Shepshed Watermill
Notts, Sutton Bonington. Hungary Lane Farm
Staffs, Burntwood. Coulter Lane Fruit Farm
Reg. Claybrooke Mill
Reg. Whissendine Windmill.

Fruit, Soft, & Fruit pies

TNF, Anslow. Anslow Fruit Farm
TNF, Ashby-de-la-Zouch. Farmer's Market (Pick's)
TNF, Heather. Cattows Farm Shop
TNF, Ticknall. Scaddows Farm PYO.
TNF, Ticknall. The Scaddows.
Derbys, Swarkestone. Swarkestone Nursery
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Osgathorpe. Manor House Cottage PYO.
Staffs, Burntwood. Coulter Lane Fruit Farm

Goat (See also Cheese, Goat)

Leics, Newbold Verdon. Goatsgate Farm

Goose

TNF, Alrewas. Peter Coates Quality Meats
Derbys, Borrowash. Antony Coates Quality Meats.

Gooseberries – see Fruit, Soft

Guineafowl

TNF, Ashby-de-la-Zouch. Farmers Market (Picks)
Leics, Barkby Thorpe. Picks Organic Farm Shop

Herbs incl. Herb Oils & Vinegars

TNF, Ashby-de-la-Zouch. Farmers Market (Sealwood Farm)
TNF, Coalville. A Holmes & Sons Traditional Butchers
TNF, Linton. Sealwood Farm
TNF, Packington. Daybreak Services
TNF, Ticknall. Scaddows Farm Shop
Derbys, Foston, Oak Lodge Farm Shop
Derbys, Willington. Willington Green Delicatessen.
Leics, Market Bosworth. Farmers Market (Sealwood Farm)
Staffs, Lichfield. Farmers Market (Sealwood Farm)
Warks, Atherstone. Farmers Market (Sealwood Farm)
Reg. Field House Herbs.

Honey

TNF, Ashby-de-la-Zouch. Frutas Ltd.
TNF, Ashby-de-la-Zouch. Tesco
TNF, Heather. Cattows Farm Shop
TNF, Ibstock. Smiths Butchers
TNF, Packington. Daybreak Services
TNF, Staunton Harold. Breadfirst
TNF, Ticknall. Calke Abbey Shop
TNF, Ticknall. Scaddows Farm Shop.
TNF, Whitwick. Mount St Bernard's Abbey
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Littleover. Littleover Apiaries.
Derbys, Willington. Willington Green Delicatessen.
Leics, Desford. Desford Honey
Leics, Sibson. J&E Orton Bee Farm.

Hot & Spicy

TNF, Ticknall. Calke Abbey Shop & Restaurant
Reg. Gringley Gringo

Ice Cream

TNF, Ashby-de-la-Zouch. Davids of Ashby
TNF, Barton-under-Needwood. The Butcher, The Baker, The Ice-cream Maker
TNF, Heather. Cattows Farm Shop
TNF, Melbourne. Wayne Spiers Family Butchers
TNF, Nanpantan. Quorn Country Real Dairy Ice Cream
TNF, Newborough. Needwood Eggs & Farmhouse Ice Cream
TNF, Newhall. Garden King Garden Centre
TNF, Packington. Daybreak Services
TNF, Staunton Harold (incl Lount). Staunton Harold Nurseries and Garden Centre
TNF, Ticknall. Scaddows Farm Shop.
TNF, Woodhouse Eaves. "Delicious" Local Food Shop.
Derbys, Willington. Willington Green Delicatessen.
Leics, Norton-Juxta-Twycross. Gopsall Farmhouse Ice Cream
Staffs, Haughton. Red Lion Farm Ice Cream
Warks, Grendon. The Smithy Farm Shop

Jams & Preserves

TNF, Staunton Harold. Breadfirst
TNF, Ticknall. The Scaddows.
TNF, Ticknall. Scaddows Farm Shop.
TNF, Whitwick. Bainbridge Preserves
Derbys, Etwall. Highfields Happy Hens
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Repton. Park End Farm Kitchen
Derbys, Willington. Willington Green Delicatessen.
Leics, Blaby. Farmer's Market (Sandra's Jam)
Leics, Enderby. Olives Deli.
Leics, Enderby. Palmer's Garden Centre
Leics, Leicester. Christopher James
Leics, Leicester. Deliflavours.
Leics, Leicester. Fingerprint Deli.
Leics, Whetstone. Sandra's Jam
Staffs, Burntwood. Coulter Lane Fruit Farm

Lamb & Mutton

TNF, Alrewas. Peter Coates Quality Meats.
TNF, Ashby-de-la-Zouch. Farmer's Market (Blackbrook Tradional Meats, Pick's, Woodhouse Farm)

Lamb & Mutton (cont)

TNF, Barton-under-Needwood. The Butcher, The Baker, The Ice-cream Maker
TNF, Blaby. Farmer's Market (Blackbrook Traditional Meats)
TNF, Blackfordby. Swallows Eaves Farm
TNF, Boundary. Prestop Park Farm
TNF, Coalville. A Holmes & Sons Traditional Butchers
TNF, Grace Dieu. Blackbrook Traditional Meat.
TNF, Markfield. Little Markfield Farm.
TNF, Measham. W Taylor
TNF, Nanpantan. Home Farm Organics
TNF, Packington. The Mushroom Basket
TNF, Swadlincote. G Collier, Butchers
TNF, Ticknall. Calke Abbey Shop
TNF, Ticknall. Standleys Barn Farm Shop
Derbys, Borrowash. Antony Coates Quality Meats.
Derbys, Etwall. Highfields Happy Hens
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Kings Newton. Chantry Farm Shop
Derbys, Shardlow. J.J. Chamberlain
Derbys, Repton. Redshaws Family Butchers
Leics, Appleby Magna. Collington
Leics, Appleby Magna. W Taylor
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Blaby. Farmer's Market (Woodhouse Farm)
Leics, Castle Donington. J.R Armett & Son
Leics, Elmesthorpe. Woodhouse Farm Fayre
Leics, Hinckley. Farmer's Market (Greenfield)
Leics, Leicester. Farmer's Market (Woodhouse Farm)
Leics, Long Whatton. Manor Organic Farm Shop
Leics, Loughborough. Farmer's Market. (Home Farm Organics)
Leics, Loughborough. Stephen Morris Butchers
Leics, Market Bosworth. Farmer's Market (Woodhouse Farm)
Leics, Osbaston. Heath Farm Bungalow
Leics, Peckleton. Tooley Park Farm Shop
Leics, Twycross. PS&M Greenfield
Notts, Sutton Bonington. Hungary Lane Farm
Staffs, Lichfield. Farmer's Market (Woodhouse Farm)
Staffs, Rolleston. EE Tebbett, Rolleston Grange Farm

Leeks – See Vegetables, Onions & Leeks

Mail Order / Food Boxes / Home Delivery

TNF, Ashby-de-la-Zouch. La Zouch
TNF, Burton upon Trent. Our Produce
TNF, Grace Dieu. Blackbrook Traditional Meat.
TNF, Linton. Sealwood Farm
TNF, Melbourne. BitterSweet Chocolates
TNF, Melbourne. Blackwell Produce
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Leicester. Kitchenmonkey.co.uk Ltd.
Reg. Bisbrooke Ostrich Farms
Reg. Gringley Gringo

Markets selling local produce

TNF, Ashby-de-la-Zouch (Farmer's) 3rd Saturday monthly
TNF, Burton upon Trent (Farmer's) Last Friday monthly
TNF, Coalville (General) Tuesday, Friday, Saturday weekly
Derbys, Derby (Farmer's) 3rd Thursday monthly
Derbys, Mickleover (WI Country) Friday weekly
Leics, Blaby (WI Country) Friday weekly
Leics, Blaby (Farmer's) 4th Saturday monthly
Leics, Castle Donington (Farmer's) 2nd Saturday monthly
Leics, Glenfield (WI Country) Friday weekly
Leics, Leicester (Farmer's) Last Wednesday monthly
Leics, Loughborough (Farmer's) 2nd Wednesday monthly
Leics, Market Bosworth (Farmer's) 4th Sunday monthly
Leics, Syston (WI Country). Friday weekly
Staffs, Lichfield (Farmer's) 1st Thursday monthly.
Staffs, Lichfield (WI Country) Friday weekly
Staffs, Tamworth (WI Country) Friday weekly
Staffs, Uttoxeter (Farmer's) Last Suturday monthly
Staffs, Uttoxeter (WI Country) Wednesday weekly

Meat, General, & Pies

(See also entries for individual types of meat)

TNF, Alrewas. Peter Coates Quality Meats.
TNF, Coalville. A Holmes & Sons Traditional Butchers
TNF, Measham. W Taylor
TNF, Melbourne. Ramsley Farm Pies
TNF, Melbourne. Wayne Spiers Family Butchers
TNF, Nanpantan. Home Farm Organics
TNF, Swadlincote. G Collier, Butchers
TNF, Ticknall. Scaddows Farm Shop.
Derbys, Borrowash. Antony Coates Quality Meats.
Derbys, Kings Newton. Chantry Farm Shop
Leics, Appleby Magna. W Taylor.
Leics, Long Whatton. Manor Organic Farm Shop
Leics, Loughborough. Farmer's Market. (Home Farm Organics)
Leics, Mountsorrel. Stonehurst Family Farm & Motor Museum
Staffs, Abbots Bromley. Wilsons Butchers

Milk & Cream

TNF, Grace Dieu. Bream Yoghurt
TNF, Heather. Cattows Farm Shop
TNF, Oaks in Charnwood. Lubcloud Dairy
TNF, Ticknall. Scaddows Farm Shop.
Derbys, Kings Bromley. Chantry Farm Shop
Leics, Belton. Belton Village Stores & Post Office
Leics, Long Whatton. Manor Organic Farm shop

Mushrooms

TNF, Packington. Livesey Bros, The Mushroom Basket
TNF, Swadlincote, Sainsburys (Livesey Bros)

Oil, Vegetable

TNF, Ashby-de-la-Zouch. Tesco
TNF, Alrewas. Peter Coates
TNF, Ashby-de-la-Zouch. Davids of Ashby
TNF, Rangemore. Byrkley Garden Centre
TNF, Staunton Harold. Breadfirst
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Sudbury. Wild's Butchers
Staffs, Abbots Bromley. Wilsons Butchers
Staffs, Fradley. Just Food Co.
Staffs, Hill Ridware. Just Oil

Onions – See Vegetables, Onions & Leeks

Ostrich & Emu

Derbys, Derby. Farmer's Market (Oslinc)
Leics, Kirkby Mallory. Leicestershire Emus
Leics, Leicester. Farmer's Market (Oslinc)
Leics, Loughborough. Farmer's Market (Oslinc)
Staffs, Lichfield. Farmer's Market (Oslinc)
Reg. Oslinc
Reg. Bisbrooke Ostrich Farms

Partridge

TNF, Alrewas. Peter Coates Quality Meats.
TNF, Boundary. Prestop Park Farm
TNF, Coalville. A Holmes & Sons Traditional Butchers
Derbys, Borrowash. Antony Coates Quality Meats.

Pheasant

TNF, Alrewas. Peter Coates Quality Meats.
TNF, Boundary. Prestop Park Farm
TNF, Coalville. A Holmes & Sons Traditional Butchers
Derbys, Borrowash. Antony Coates Quality Meats.

Pickles & Chutneys

Derbys, Etwall. Highfields Happy Hens
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Repton. Park End Farm Kitchen
Staffs, Burntwood. Coulter Lane Fruit Farm

Pork, Bacon, Sausages, Pies

TNF, Alrewas. Peter Coates Quality Meats.
TNF, Ashby-de-la-Zouch. Farmer's Market (Blackbrook Traditional Meats, Pick's, Woodhouse Farm)
TNF, Blaby. Farmer's Market (Blackbrook Traditional Meats)
TNF, Boundary. Prestop Park Farm
TNF, Grace Dieu. Blackbrook Traditional Meat.
TNF, Heather. Cattows Farm Shop
TNF, Measham. Measham House Farm (JJ Lovett)
TNF, Measham. W Taylor, Butchers
TNF, Nanpantan. Home Farm Organics
TNF, Packington. The Mushroom Basket
TNF, Swadlincote. G Collier, Butchers
TNF, Ticknall. Scaddows Farm Shop
TNF, Ticknall. Calke Abbey Shop
TNF, Ticknall. Standleys Barn Farm Shop
Derbys, Borrowash. Antony Coates Quality Meats.
Derbys, Etwall. Highfields Happy Hens
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Hilton. Willow Orchard Farm
Derbys, Kings Newton. Chantry Farm Shop
Derbys, Repton. Redshaws Family Butchers
Leics, Appleby Magna. W Taylor.
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Blaby. Farmer's Market (Woodhouse Farm)
Leics, Elmesthorpe. Woodhouse Farm Fayre
Leics, Leicester. Farmer's Market (Woodhouse Farm)
Leics, Long Whatton. Manor Organic Farm Shop
Leics, Loughborough. Farmer's Market. (Home Farm Organics, Woodhouse Farm Bacon & Hams)
Leics, Market Bosworth. Farmer's Market (Woodhouse Farm)
Leics, Osbaston. Heath Farm Bungalow
Leics, Peckleton. Tooley Park Farm Shop
Staffs, Lichfield. Farmer's Market (Woodhouse Farm)
Staffs, Rolleston. EE Tebbett, Rolleston Grange Farm
Staffs, Whittington. Packington Pork
Reg. Combs Farm

Potato – See Vegetables, Root

Quail

TNF, Ashby-de-la-Zouch. Farmers Market (Picks)
Leics, Barkby Thorpe. Picks Organic Farm Shop

Rabbit & Hare

TNF, Coalville. A Holmes & Sons Traditional Butchers

Raspberries – see Fruit, Soft

Ready Meals (Frozen or Chilled) using local-produce food

Derbys, Willington. Willington Green Delicatessen.
Leics, Leicester. Kitchenmonkey.co.uk Ltd.
Staffs, Upper Longdon. Beaudesert Park Farm

Redcurrants – see Fruit, Soft

Restaurants, Pubs, Cafés & Tea Rooms serving local-produce food

TNF, Ashby-de-la-Zouch. La Zouch
TNF, Ashby-de-la-Zouch. The Crowded House
TNF, Anslow. Burnt Gate Country Pub & Restaurant.
TNF, Burton upon Trent. The Alfred
TNF, Donington le Heath. Classics Restaurant
TNF, Hartshorne. The Bulls Head
TNF, Hoar Cross. Meynell Ingram Arms
TNF, Staunton Harold. Staunton Stables
TNF, Moira. Lakeside Lodge
TNF, Moira. Moira Furnace Tea Rooms
TNF, Nanpantan. Beth's Kitchen
TNF, Newtown Linford. Jade's
TNF, Newton Linford. The Grey Lady.
TNF, Newton Linford. The Village Restaurant.
TNF, Rangemore. Byrkley Garden Centre
TNF, Swadlincote. Sharpe's Pottery Coffee Shop
TNF, Swadlincote. The Yard
TNF, Thringstone. George & Dragon
TNF, Ticknall. Calke Abbey Restaurant.
TNF, Ticknall. Scaddows Farm Shop Café
Derbys, Etwall. Blenheim House
Derbys, Etwall. Highfields Happy Hens
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Repton. Boot Inn
Derbys, Repton. The Bulls Head
Derbys, Willington. Willington Green Delicatessen.
Leics, Hemington. The Jolly Sailor
Leics, Whetstone. Whetstone Pastures Fruit Farm Tea Room
Staffs, Fradley. Fradley Junction Canalside Café
Staffs, Haughton. Red Lion Farm
Staffs, Kings Bromley. The Royal Oak
Staffs, Rolleston. Brookhouse Hotel

Salad Crops

TNF, Ashby-de-la-Zouch. Farmers Market (Sealwood Farm)
TNF, Linton. Sealwood Farm
TNF, Norris Hill. 197 Ashby Rd
Leics, Elmesthorpe. SD Rusch
Leics, Market Bosworth. Farmers Market (Sealwood Farm)
Staffs, Burntwood. Coulter Lane Fruit Farm
Staffs, Lichfield. Farmers Market (Sealwood Farm)

Spices – see Hot & Spicy

Spring water, soft drinks, & cordials

TNF, Ashby-de-la-Zouch. Farmer's Market (Pick's)
TNF, Ashby-de-la-Zouch. Tesco
TNF, Melbourne. National Forest Spring Water Company.
TNF, Moira. Gillivers Shoes
TNF, Ticknall. Scaddows Farm Shop
TNF, Swadlincote. Sainsburys
TNF, Staunton Harold. Breadfirst
TNF, Whitwick. Mason & Sons Chemist
TNF, Woodhouse Eaves. Le Fevres
Leics, Ansty. Brookside Nurseries
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Groby. Budgens
Leics, Leicester. Green & Pleasant Wholefoods
Leics, Long Whatton. Manor Organic Farm Shop
Leics, Mountsorrel. Budgens
Leics, Mountsorrell. Stonehurst Family Farm & Motor Museum
Leics, Rothley. Brookleas Nurseries
Leics, Swithland. Swithland Spring Water
Reg. Belvoir Fruit Farms

Strawberries – see Fruit, Soft

Tomatoes – see Salad Crops

Turkey

TNF, Alrewas. Peter Coates Quality Meats
TNF, Ashby-de-la-Zouch. Farmer's Market (Pick's)
Derbys, Borrowash. Antony Coates Quality Meats.
Derbys, Etwall. Highfields Happy Hens
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Notts, Sutton Bonington. Hungary Lane Farm

Vegetables, Green

TNF, Ashby-de-la-Zouch, Fancy That
TNF, Ashby-de-la-Zouch. Frutas Ltd
TNF, Ashby-de-la-Zouch. Farmer's Market (Pick's, Sealwood Farm)
TNF, Coalville. General Market (Jacksons)
TNF, Griffydam. Farm Gate Sale
TNF, Melbourne. Blackwell Produce
TNF, Melbourne. FR Jackson & Son.
TNF, Melbourne. Woodhouse Farm
TNF, Nanpantan. Home Farm Organics
TNF, Ticknall. Scaddows Farm Shop.
Derbys, Etwall. Highfields Happy Hens
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Kings Newton. Chantry Farm Shop

Vegetables, Green (Cont)

Derbys, Sudbury. HMP Sudbury Farm Shop
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Belton. Belton Village Stores & Post Office
Leics, Breedon-on-the-Hill. Priory Garden Centre Farmshop
Leics, Long Whatton. Manor Organic Farm Shop
Leics, Loughborough. Farmer's Market. (Home Farm Organics)
Leics, Mountsorrel. Stonehurst Family Farm & Motor Museum
Leics, Peckleton. Tooley Park Farm Shop
Leics, Snarestone. Lodge Farm
Notts, Sutton Bonington. Hungary Lane Farm

Vegetables, Onions & Leeks

TNF, Ticknall. Scaddows Farm Shop
Derbys, Foston. Oak Lodge Farm Shop

Vegetables, Root

TNF, Ashby-de-la-Zouch, Fancy That
TNF, Ashby-de-la-Zouch. Frutas Ltd
TNF, Ashby-de-la-Zouch. Farmer's Market (Pick's, Sealwood Farm)
TNF, Boundary. Forties Farm
TNF, Coalville. General Market (Jacksons)
TNF, Griffydam. Farm Gate Sale
TNF, Lullington. R.J. Kirkland
TNF, Melbourne. Blackwell Produce
TNF, Melbourne. FR Jackson & Son.
TNF, Melbourne. Woodhouse Farm
TNF, Nanpantan. Home Farm Organics
TNF, Ticknall. Scaddows Farm Shop.
TNF, Willesley. Wood Farm Cottages
TNF, Woodville. Broomy Farm
Derbys, Etwall. Highfields Happy Hens
Derbys, Foston. Oak Lodge Farm Shop
Derbys, Kings Newton. Chantry Farm Shop
Derbys, Sudbury. HMP Sudbury Farm Shop
Leics, Barkby Thorpe. Pick's Organic Farm Shop
Leics, Belton. Belton Village Stores & Post Office
Leics, Breedon-on-the-Hill. Priory Garden Centre Farmshop
Leics, Croft. Adrian Dale Potatoes Ltd
Leics, Long Whatton. Manor Organic Farm Shop
Leics, Loughborough. Farmer's Market. (Home Farm Organics)
Leics, Mountsorrel. Stonehurst Family Farm & Motor Museum
Leics, Peckleton. Tooley Park Farm Shop
Leics, Snarestone. Lodge Farm
Notts, Sutton Bonington. Hungary Lane Farm
Staffs, Rolleston. EE Tebbett, Rolleston Grange Farm

Venison

TNF, Ashby-de-la-Zouch. Farmer's Market (Bouverie Lodge)
TNF, Alrewas. Peter Coates Quality Meats.
TNF, Coalville. A Holmes & Sons Traditional Butchers
Derbys, Borrowash. Antony Coates Quality Meats.
Derbys, Kings Newton. Chantry Farm Shop
Derbys, Repton. Redshaws Family Butchers
Leics, Isley Walton. Donington Park Venison
Leics, Long Whatton. Manor Organic Farm Shop
Staffs, Upper Longdon. Beaudesert Park Farm
Reg. Bouverie Lodge

Whitecurrants – see Fruit, Soft

Wood Pigeon

TNF, Coalville. A Holmes & Sons Traditional Butchers

Wild Boar (?)

TNF, Coalville. A Holmes & Sons Traditional Butchers

Wines & Spirits

TNF, Ashby-de-la-Zouch. Farmer's Market (Halfpenny Green)
Reg. Eglantine Vineyard
Reg. Halfpenny Green Vineyards

Yoghurt

TNF, Grace Dieu. Bream Yoghurt
TNF, Ticknall. Scaddows Farm Shop.
Leics, Thrussington. Manor Farm Dairy Products