The National Forest Way

The National Forest Way takes walkers on a 75-mile journey through a transforming landscape, from the National Memorial Arboretum in Staffordshire to Beacon Hill Country Park in Leicestershire.

On the way, you will discover the area's evolution from a rural landscape, through industrialisation and its decline, to the modern-day creation of a new forest, where 21st-century life is threaded through a mosaic of green spaces and settlements.

The trail leads through young and ancient woodlands, market towns and the industrial heritage of this changing landscape.



The National Forest Way was created by a partnership of the National Forest Company, Derbyshire County Council, Leicestershire County Council and Staffordshire County Council, with the generous

support of Fisher German.



To find out more, visit: www.nationalforestway.co.uk

Version 2 (15 December 2016)

This leaflet can be used in conjunction with OS Explorer 245 (The National Forest)



About this stage

Start: Rosliston Forestry Centre (DE12 8JX) **End:** Conkers Waterside, Moira (DE12 6BA)

This stage takes you through the Mease Lowlands. Look out for the characteristic tall church spires rising above the rolling fields. The route continues alongside Grange Wood, an ancient woodland, and on to younger woodlands including Cadborough Hill Wood.

The National Forest Company Bath Yard, Moira, Swadlincote, Derbyshire DE12 6BA

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Photos: Christopher Beech, Jacqui Rock, Martin Vaughan and NFC

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Stage 8:

Rosliston to Moirá

Length: 7½ miles / 12 kilometres



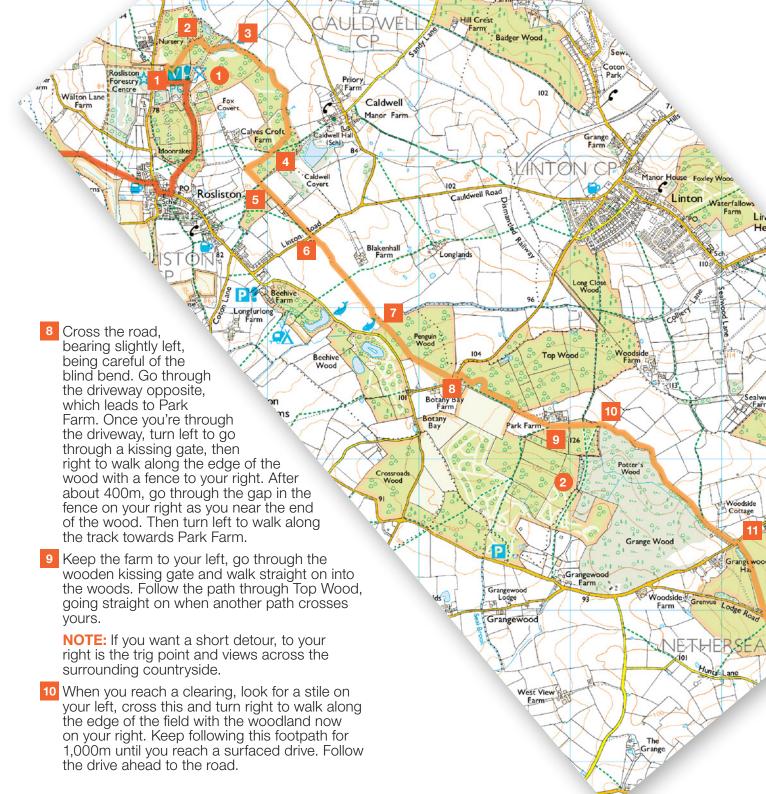
Packing

Heath

Route directions: Eastbound

Rosliston to Moira

- 1 From the car park at Rosliston Forestry Centre, face away from the road, with the visitor centre on your right. Pass through the staggered opening in the fencing and where the play area opens out, pick up the narrow path to the left. You are heading towards Greenheart Lake.
- 2 Keep following the path, ignoring one that appears to your left, and on past an owl sculpture. When you reach a snail sculpture, turn right and walk across the grass and straight on along the next path. At the next junction, turn left for a short distance, then bear right to follow the footbridge across Greenheart Lake.
- 3 After crossing the bridge, turn right and follow the track into the woodland. Keep following this track as it bears right and winds around the edge of the woodland (on your right). Ignore the two paths that appear to your right and keep following the path you're on.
- When you reach a large gap in the hedge on your left, go through it and then turn right so you're still walking in the same direction as before. Follow this track as the woods disappear on your right, but remain on your left. The path then turns left, keeping the woodland on your left-hand side.
- ⁵ At the end of the woodland you'll see a metal barrier on your right, go through the gap to the side of this, then turn left through the gap in the hedge into a field. Walk along the right hand edge of the field to its end and pass through a narrow gap beside the metal gate. Follow the track to the road.
- ⁶ Cross straight over the road and through the gap in the hedge. Walk straight across the large field, ignoring the path that crosses your way, until you reach a wooden bridge at its other side.
- Cross the bridge, entering Penguin Wood, and then carry straight on, keeping the young trees on your right and a hedge on your left. At the end of this path, bear left then right. You will see woodland on your left and then a field on your right. Follow this path to the road.



- Go through the gate and bear left across the road to the kissing gate. Go through the gate, cross the stile in front of you and then walk along the right hand side of the field. Keep following the fence on your right until you reach the next road.
- 12 Head left across the road and walk diagonally along a wide break in the new planting, aiming for the gap in the hedge ahead of you. Pass through this gap and bear right across the next field.
- 13 At the end of the path, turn left along the hedge and follow it for about 180m until there is a gap with steps. Turn through the gap and then immediately left to follow the other side of the hedge alongside the playing fields to the road.
- 14 Turn left along the road, passing the football ground on your right. Immediately after the road junction, the path turns off to the right over a stile. Cross the stile and the field, heading for another stile to the right of the farm buildings.
- **15** Bear right after the stile, then left to follow the path along the edge of the woodland to your left and a stream to your right. After the pond, go through a gap in the hedge and then onto the wooden bridge at the end of the field.
- 16 Cross the bridge and then bear left and follow the path uphill. Continue straight on past a fenced gap in the hedge on a clear track. You should now be able to see Overseal in the distance.
- 17 At the next hedgerow, go through the gap and head straight on, ignoring the path off to your left. Follow this path to the road.
- **18** At the road, turn left onto Valley Road and follow this to its T-junction with Lullington Road. Turn right and walk up the shallow rise to the A444.
- 19 Use the pedestrian crossing at the junction and head straight across onto Woodville Road, passing the church on your left. Keep following the road as it crosses Hall Croft Avenue and then down an incline passing the War Memorial gates. After about 900m and immediately following the junction with Slackey Lane, look out for a metal chicane on your right leading to a surfaced path.
- 20 Follow the path past the camping and caravan site until it reaches the access road. Cross the road and follow the path ahead, passing between the caravan site and the National Donington Forest Youth Hostel. Follow this path until it meets the Ashby Woulds Heritage Trail. Swainspark 21 Cross the Heritage Trail and follow the track as it bears left with a fenced pond on your 17 left. Bear right onto the surfaced track when you reach an open field and follow the track around its edge to the railway bridge. Hanging Cottage 22 Follow the path under the bridge and turn left. Continue until you reach a T-junction Conkers immediately after crossing Discover Centre a miniature railway line. 23 At the T-junction, turn Middle Haye right and follow the Farm path into the car park at Conkers Gorsey Waterside. Leys Overseal next to the canal Moira basin. Brooklands Farm Short Heath Shortheath Voodview Farm Springfield Cottage Gunby Grange Wood Lodge Woodside Grenvue Lodge Cadborough Cadborough Gunby Farm Farm irangewood IETTHER 15 Mount Pleasa Seal Pastures Plantation Bar Hunts Lane 13 The st View 82 Acresford Netherseal The Grange Park Eastfield

Useful Information

Points of interest along this stage

Parking

Parking is available at Rosliston Forestry Centre and at Conkers in Moira.

Please note that there is a charge for parking at Rosliston Forestry Centre and also be aware of car park closing times before setting off.

Public transport

Moira is on the 9A Coalville-Burton bus route (Mon-Sat).

Rosliston Forestry Centre is on the 22 Swadlincote-Burton bus route (Mon-Sat). Change at Swadlincote to travel between the start and finish of the stage.

For detailed information on bus routes and timetables, call **Traveline** on 0871 200 22 33 (charges apply).

Every effort has been made to ensure the accuracy of this information at the time of publication. However, the National Forest Company cannot be held responsible for any error, omission or subsequent changes.

1 Rosliston Forestry Centre

This popular visitor centre was the first to open in The National Forest. You can walk and cycle through the woodlands, spot the wildlife or take part in the Centre's environmental education programme.



3 Cadborough Hill Wood

At the base of Cadborough Hill is a valley known locally as Dead-Dane Bottom. If you walk up the steep slope of Cadborough Hill you can enjoy a dramatic panorama of the developing National Forest.



2 Penguin Wood to Grangewood Estate

This is an extended section of connected woodlands where new planting on a large scale sits next to ancient and maturing woodlands. It is a bold demonstration of the intention to create a connected forested landscape.



4 Conkers

Conkers was one of the earliest visitor attractions to be developed in The National Forest. Built on a former deep coal mine, you can now explore 120 acres of woodland, enjoy adventure play and over 100 indoor interactive exhibits.



How to use this leaflet

The maps in this leaflet are based upon the Ordnance Survey's 1:25,000 scale Explorer maps and are presented at the correct scale if printed on A4 paper.

- 1 Square symbols on the maps link with the route directions that are provided alongside the map.
 - Circular symbols represent key points of interest along the route of the trail.

About The National Forest

The National Forest is one of Britain's boldest environmentally-led regeneration projects: the creation of a new forest across 200 square miles of parts of Derbyshire, Leicestershire and Staffordshire, linking the ancient forests of Needwood and Charnwood.

Over the last twenty years, The National Forest has trebled forest cover within its boundary, creating habitats for wildlife, a woodland economy and a beautiful landscape for everyone to enjoy.

